USER INSTRUCTIONS

Health o meter® Dial Scale Model HAP400

Scale Use

1. Place scale on a flat, level surface. A hard surface is best for maximum accuracy. Placing scale on a very soft, deep pile rug may affect the weighing accuracy.
2. Locate zero adjustment control on edge of scale and adjust so the indicator reads zero.
3. Step on and off the scale to check the "zero" setting. If pointer does not return to zero, repeat Step #2.
4. Step on scale and position your feet in a manner that will distribute your weight evenly over the entire scale platform. Stand still while reading display.

NOTE: It is normal for your weight to vary during a day and from one day to another. Slight changes in your weight are generally normal.

If service is required, do not return to your retailer.

For service call Sunbeam Products, Inc. at 1-800-672-5625; 7:30 a.m. to 5:00 p.m. Eastern Standard Time, Monday through Friday

To assist us in serving you, please have the model number and date of purchase available.

NOT LEGAL FOR TRADE

Made to our exact specifications in China

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