USER INSTRUCTIONS

Health o meter® Digital Scale Model HDR900

Battery

1. Locate the battery cover on the back of the scale.
2. Remove the cover and insert 9-volt battery.
3. When "Lo" appears on the digital display, replace the 9-volt battery.

Scale Use

1. Place scale on a flat, level surface. A hard surface is best for maximum accuracy. Placing scale on a very soft, deep pile rug may affect the weighing accuracy.
2. Tap on center of scale. The figure "8" will move across the LED display for 3 seconds, before displaying zero. **Do not step on scale until LED displays "0".**
3. Step on scale and position your feet in a manner that will distribute your weight evenly over the entire scale platform. Stand still while reading display.
4. A numeric value will appear on the LED while calculating your weight. Your weight will flash 5 times prior to "locking" into the LED display and will remain displayed for 5 seconds before turning off.

NOTE: It is normal for your weight to vary during a day and from one day to another. Slight changes in your weight are generally normal.

If "Err" displays, scale has exceeded the 300 lb. maximum weight load.

If service is required, do not return to your retailer.

For service, call Sunbeam Products, Inc. at 1-800-638-3722; 7:30 a.m. to 5:00 p.m. Central Standard Time, Monday through Friday

To assist us in serving you, please have the model number and date of purchase available.

NOT LEGAL FOR TRADE

Made to our exact specifications in China

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